

# calvary NEWS

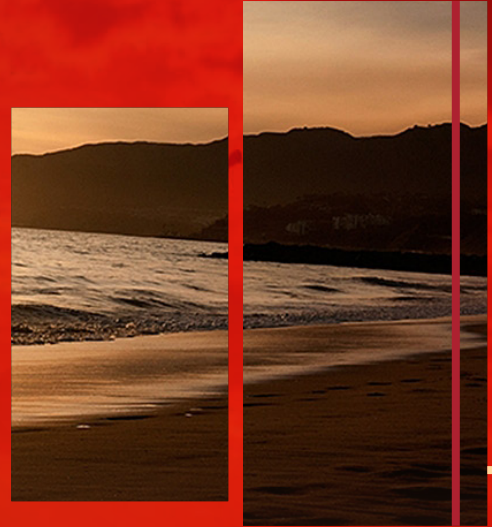
a publication of calvary church

2016 MAY  
Issue 181

PP5911/11/2012(031323)



A MOTHER'S PAIN  
A SON'S PRAYER



The first nine chapters of 1 Chronicles are full of names after names, for it is the record of the official family tree of Israel, beginning from Adam to Israel returned from captivity. Tucked in the midst of this list is a man named Jabez, whose life the historian thought worth mentioning. Two verses, 1 Chronicles 4:9-10, tells us his story.

The Bible says, **“Now Jabez was more honourable than his brothers, and his mother called his name Jabez, saying, ‘Because I bore him in pain.’ And Jabez called on the God of Israel saying, ‘Oh, that You would bless me indeed, and enlarge my territory, that Your hand would be with me, and that You would keep me from evil, that I may not cause pain!’ So God granted him what he requested”** (1 Chronicles 4: 9-10).

### A BRIEF PROFILE OF JABEZ

Jabez caused much, much pain to his mother when she gave birth to him. His mother perceived this son would be a pain all his life. So, she named him Jabez (which means pain), perhaps as a warning to all who would come to know him. At some point, Jabez must have got tired of being called “pain”. He did not want the stigma of pain nor did he want to cause pain. He decided to do something about it. He had a good attitude, he did not blame his mother or anyone. He turned from anger, self-pity and prayed a simple heart-cry prayer to the Lord.

### LET US LEARN FROM JABEZ’S PRAYER

Jabez’s prayer was simple yet profound, powerful and complete, a prayer that turned his life around, from one who would be a pain to one who

was more honourable. What began as a “curse was turned to a blessing.”

### WHAT WAS JABEZ PRAYER?

1. Jabez simply asked God to bless him.

He prayed, “Bless me, indeed!”. At first glance it seemed to be a self-centred prayer, “Bless me!” But it was a cry of desperation, a recognition that unless God blessed him, he was doomed to be a failure. We need to first be blessed before we can be a blessing. When we are blessed by God, we will not be self-centred because we recognise His blessings, we will in turn be a blessing as God’s blessings flow out of our lives.

What does bless mean?

a. To bless in the biblical sense means to ask God for impartation for supernatural favour. When you say, “God bless you”, it is a good impartation for others. But you can ask God to bless you too. He is able to do for you far beyond what anybody else can! The Bible says, **“The Lord’s blessing is the greatest wealth. All our work adds nothing to it”** (Proverbs 10:22 TLB). The NKJV says, “The blessings of the Lord makes one rich and He adds no sorrow to it.” Every believer can pray for God’s blessings. The Bible says, **“Praise be to the God and Father of our Lord Jesus Christ, who has blessed us with every (all) spiritual blessings in Christ”** (Ephesians 1:3). God’s blessings are for every believer. There is no limitation to God’s bountiful favour. We serve a God who is **“.. abounding in goodness and truth”** (Exodus 34:6).

b. This supernatural or divine favour

enables us to rise above all circumstances and challenges. When you pray, “Bless me”, God blesses you and puts you in a position of influence, not for you to enjoy but to be a blessing. Blessed people live challenging lives.

Some biblical examples

- Esther, a young Jewish girl was made Queen of Persia because of God’s hand upon her (Esther 2:9). The blessing was not for her to enjoy. God had a purpose for her, to deliver her people (the Jews) from being destroyed. With the blessing, came the challenge. Esther rose to the challenge. She declared, **“If I perish, I perish”** (Esther 4:16). She did not perish, and saved her people from annihilation.
- Joseph was a young man who had to go through challenges beyond one’s imaginations, because of God’s dream, purpose and plan for his life. Ultimately, God brought him through all the trials victoriously (Genesis 50:20). The favour of God was upon Joseph. He was a blessed man in prison and in the palace.
- Mary, the mother of Jesus was blessed. The Bible described her as **“Highly favoured one ... blessed are you among women!”** (Luke 1:28). Another translation says, **“You are most blessed”**. Mary paid a great price and suffered much pain, both emotional and physical to be the mother of God’s son, Jesus!

When God is with you, you come out a winner or victorious in spite of the challenges.

c. In asking God to bless him, Jabez left it entirely to God as how he

# A MOTHER'S PAIN A SON'S PRAYER

By Senior Associate Pastor Petrina Guneratnam

should be blessed. He simply prayed, "Bless me ..." Full Stop. Period. Jabez did not tell God how he needed to be blessed. He trusted completely in God's intention for him. Jabez's focus was, "I only want what God wants for me, nothing less, nothing more!". Trust God and be assured that however God blesses you, it would be for your best.

## "My Testimony - How God Blessed My Life

*I accepted Christ and was born again at age 15, the first in my Taoist family. In my youth, I was weak physically and fell sick often. My father called me "mosquito voice" because I had such a soft voice! I was timid and fearful in school. Thank God, my sister who is two years older, protected me from bullies in school. This sister whom everyone of us look up to, told me that I am the most blessed amongst the nine siblings (I am the sixth child) in our family. I am not the richest nor the most successful in terms of position, by secular standards, and yet my siblings say I am most blessed because they have seen the hand of God on my life, since I gave my life to Jesus from young and became a pastor. Every time there was a family challenge, when mother was alive, they would call me for help. They recognised that God had the answers to their challenges. I don't have the answer, but they recognised my God can help them. "*

2. Jabez asked God to enlarge his territory

Jabez was not asking for more real estate. He recognised there was more in store for him. Enlarge is another word for bless. Jabez was saying, "Lord, everything you have given me

and put under my care, take it and bless it (enlarge)." Enlarge is to reach the maximum or full potential, to excel, to multiply and to make room for growth and expansion.

Ask God to enlarge your "territory", your influence. All believers can influence others. For example spiritual mothers are a great influence and young people also can be an influence. The Bible says, "**Let no one despise your youth, but be an example to the believers in word, in conduct, in love, in spirit, in faith, in purity**" (1 Timothy 4:12). In my youth I lived a full life in Christ and through that life, I could impact lives. In my old age, I too can impact others because of the Christ life in me. God can help us maximise our influence, wherever He places us, in our home, school or market place, irrespective of how young or old we are!

Ask God to enlarge your family, your business and the labour of your hands. Family-wise, enlarge does not necessarily mean more (quantity) but can mean enrich (quality). Key family relationships are vital and when your relationships are right and prosper in every way, you can be a greater influence. Enlarge your vision and see as God sees.

3. Jabez asked for God's Hand to be upon him.

Jabez prayed in faith, believing he would receive blessings beyond his expectations when God blessed him and enlarged his territory. He envisaged that he would be stretched and could be overwhelmed. Thus, he prayed for God's hand to be upon him. The hand of the Lord is a biblical term for God's protection, power and presence in the life of his people. When God's hand is upon your life,

people notice you are different, you are a testimony. The Bible says, "**that all the peoples of the earth may know the hand of the LORD, that it is mighty, that you may fear the LORD your God forever**" (Joshua 4:24). Prophet Isaiah says, "**Behold, the LORD's hand is not shortened, That it cannot save; Nor His ear heavy, That it cannot hear**" (Isaiah 59:1). When you are down and disappointed, you may find difficulty reaching Him. No matter how far you are from God, His hand is never too short to reach you. It is your iniquity that separated you from Him. All you have to do is to come back to Him.

4. Jabez asked God to keep him from evil.

When you live the blessed life and the "larger" you become, evil and evil forces will try and hurt you. The world today is becoming more evil. Do not fear nor be overwhelmed. We walk through trials but we do not have to walk through evil, because we can pray that we be kept from evil. Jesus prayed for all believers, "**You should keep them from the evil one**" (John 17:15). He taught His disciples to pray, "**Deliver us from the evil one**" (Matthew 6:13).

Whatever situation you may be in, do not accept it nor dwell there. Turn to God. Trust Him absolutely. Pray. What He did for Jabez, He can do for you. God hears and answers prayer. Prayer can change your destiny. The Bible says, "**The effective, fervent prayer of a righteous man avails much**" (James 5:16).

*All Bible quotations are in the NKJV unless otherwise stated.*



# Installation of Deacons 2016

Left to right  
 Sitting : Senior Pastor Prince Guneratnam, Senior Associate Pastor Petrina Guneratnam  
 Standing : Ngeow Zoo Gin, David Dev Peter, Bernadette Foo Fong Lian, Helen Elizabeth Leong, Chow Sang Hoe, Puan Chen Keck, Christopher Lim Hwa Seong

Our Stewardship Day was held on Friday, 15 April 2016 at Calvary Church Damansara Heights for the Church members to take stock of our spiritual and financial growth corporately in the past year.

There was a wonderful spirit of unity and every report shared testified of God's amazing blessings upon our Church. We are also very glad to confirm our deacons for the coming year.

On Sunday, 17 April 2016 at Calvary Convention Centre, the deacons were installed and charged with biblical principles of leadership from Romans 12:6-8, 1 Corinthians 4:1-2 and Colossians 3:15-17.

## PORTFOLIOS OF THE BOARD OF DEACONS

- |                           |  |
|---------------------------|--|
| David Dev Peter           | - Church Secretary                       |
| Chow Sang Hoe             | - Church Treasurer                       |
| Ngeow Zoo Gin             | - Church Human Resources                 |
| Bernadette Foo Fong Lian  | - Church Administrative Affairs          |
| Puan Chen Keck            | - Church Business                        |
| Helen Elizabeth Leong     | - Church Hospitality & Special Functions |
| Christopher Lim Hwa Seong | - Deacon At Large                        |



## Calvary Leaders Lunch Fellowship

on 10 April 2016 at Multipurpose & Banquet Hall, CCC



Fellowship with one another



Associate Pastor Timothy Ong praying for the food



Sumptuous Food



Leaders receiving appreciation gift



Senior Pastor greeting the leaders



Pastor Tabitha Ong  
Sharing a devotion

*"Ice cream is food for celebration and food for comfort, a universally enjoyed dessert, just like how Jesus is amazing for every situation." – Pastor Tabitha Ong*

# SUNDAE SATURDAY

CALVARY YOUTH

Sundae Saturday (12 March 2016) the first Calvary Youth combined celebration, we talked about how 'Jesus is just like ice cream' ;)

Youths were welcomed and literally broke the ice by breaking a block of ice. The prize was a frozen t-shirt for one to wear.

After worship, Pastor Tabitha Ong emphasized that Jesus is the solution to our problems. He walks with us through the good and the bad, for He says "...Take heart! For I have overcome the world". (John 6:33)

We naturally share good food with others, so we should naturally share the awesome goodness of Jesus with others too. "Taste and see that the Lord is good" (Psalms 34:8).



Serving up the ice cream

Sundae Saturday was an avenue for youths to reach out and invite friends to church and share this good news. It was a time to fellowship and bond over a wonderful array of ice-cream, ice-cream floats, ice-cream sundaes with toppings and more.



Passionate worship



Frozen t-shirt!!!



Ice cream with the works

# Water Baptism

**Praise the Lord for the 14 that followed Him in water baptism on 9 April 2016**

**1st Row – L-R**

Lew Siak Lan, Joel Harshvarthan, Justin Chin Yun Koon

**2nd row**

Yuki Choo Yun Kher, Ng Jenna, Mathias Agu

**3rd row**

Aninta Benson Kigbu, Joan Choong Woan Jiun, Jennifer Tan Lye Kin, Mindy Choo Yun Min

**Back Row**

Leow Huei Li, Jay Lee Kake Ming, Serena Chiam Cheng Siew, Timothy Chase-Currier



**If you believe in Jesus and want to be baptised in water to declare your faith, call the Church at 603 8999 5532 ext 434 to sign up for our next Water Baptism Service**



Praying before the presentation

# The Great



Putting on the costumes



Needlework required



Oboist and flautist



Production meeting



One of our narrators, Associate Pastor Richard Yun





Production briefing

# Exchange

## The Father's Love

*A look at what goes on  
'Behind the Scenes'*



Pritta Kartika rehearsing



Ensemble Rehearsal



Musicians rehearsal



Dance rehearsal



The scarf looks good on you



Can we get a selfie?



Drama rehearsal



I am still young, okay!



The beard matches the hair



Production Team with Senior Pastors Prince and Petrina Guneratnam



Jerry Loon exchanged a life of crime for a life with Christ



Mekand Kaur blessed with peace



Jessyca Chin healed from cancer

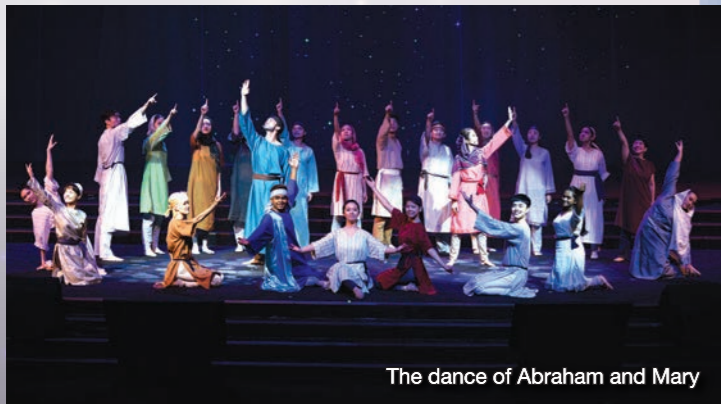


Mary's response to the angel's message

# The Great Exchange

## The Father's Love

A total of 7000 attended the presentations on 25-27 March 2016, 312 responded to the altar, out of which 103 rededicated their lives to the Lord and 71 accepted Jesus Christ as Lord and Saviour for the first time. Praise the Lord!



The dance of Abraham and Mary



The lame shall walk again



A crown of thorns was placed on His head



Senior Pastor opening the altar for congregation responses



Responding to the call for Jesus



Abraham and Issac



Jesus exchanging blindness for sight



Exchanging death for life



Behold Calvary's Lamb



Jesus is Alive



The Finale





Senior Pastor preaching

# AN EASTER SUNDAY CELEBRATION WITH THE CHURCH FAMILY

## An Excerpt from Senior Pastor's Sermon

### Why Jesus did not defend Himself

Because Jesus knew it was the will of His Father to be the sacrificial lamb - to be the Saviour of the human race (1 John 4:9-10, Acts 2:23, Hebrew 10:7-9). Jesus knew what was going to happen to Him (Matthew 20:17-19).

### Why is Easter important?

Easter proves Jesus is truly the Son of God, who without sin became our sin bearer. He rose again to be the living Lord and Saviour that whoever believes in Him should not perish but have everlasting life (John 12:47). His trial was ordained that He might prove He is the Son of God – the sacrificial Lamb of God (John 1:29, 1 Peter 1:19).

### Concluding thoughts

There is a river from the throne of God that flows with the water of life because of the Lamb of God (Revelation 22:1). There is no more curse because of the Lamb of God (Revelation 22:3)



Easter Sunday Worship



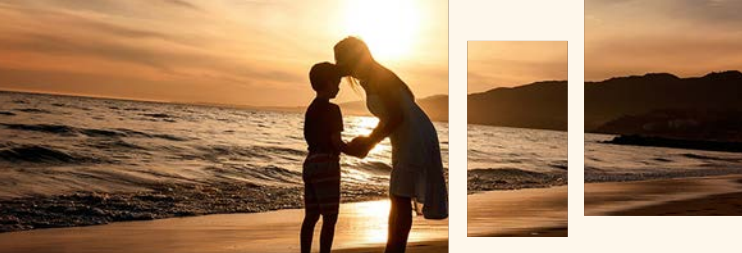
Congregation responding to the message at the altar



The Creative Arts Team together with Pritta Kartika performing a special number "Alive"



Pritta Kartika greeting the congregation



# 一个母亲的痛苦 一个儿子的祷告

(文: Petrina Guneratnam 副主任牧师)

《历代志上》前九章全是人的名字，因为它是以色列的官方家谱的记载，从亚当开始一直到以色列从被掳回来。藏在这个名单之中是一个叫雅比斯的人，历史学家认为他的生命值得一提。代上4: 9-10，这两节的经文告诉我们他的故事。

圣经上说道：「雅比斯比他众兄弟更尊贵，他母亲给他起名叫雅比斯，意思说：“我生他甚是痛苦。”雅比斯求告以色列的神说：“甚愿你赐福与我，扩张我的疆界，你的手常与我同在，保佑我不遭患难，不受艰苦。”神就应允他所求的」(代上4: 9-10)。

## 雅比斯的简介

雅比斯给他的母亲带来许多的痛苦，因为在生他的时候非常痛苦。他的母亲认为这儿子将是一辈子成为痛苦。于是，她给他取名雅比斯(意思是痛苦)，或许作为所有将会认识他的人的一个警告。在某些时候，雅比斯肯定是厌倦了被称为「痛苦」。他不要痛苦的耻辱，他也不希望引起痛苦。他决定做一些事情来改变这个情况。他有一个良好的态度，他并没有责怪他的母亲或任何人。他从愤怒，自怜转过来了作了一个简单的祈祷从心里向耶和華求告。

## 让我们向雅比斯的祷告学习

雅比斯的祷告简单而又深刻，有能力和完整，它扭转了他的一生，从将是一个痛苦的人生变为一个更尊贵的人生。把开始时是“一个诅咒变成一个祝福”。

## 雅比斯求了什么？

I. 雅比斯祈求神赐福与他。他求告说：「甚愿你赐福与我！」乍看之下，这似乎是一个以自我为中心的祷告，「赐福与我！」但它是一个绝望的呼求，认识到除非神赐福与他，他就注定是失败。我们首先需要先蒙福，我们才可以成为祝福。当我们蒙神祝福时，我们不会以自我为中心，因为我们认识到他的祝福，因着神的祝福流出我们的生命，我们将转而成他人的祝福。

## 赐福意味着什么？

a. 赐福在圣经中的意思是祈求神赐下超自然的恩典。当你说：「愿神赐福与你」，这是为他人好求神赐下恩典。但是你也可以祈求神赐福与你。他能为你做的远远超出其他人能做的！圣经上说道：「耶和華所赐的是最大的财富。我们一切所做的不能加上什么」(箴10: 22, 另一译本)。「耶和華所赐的福使人富足，并不加上忧虑」。每一个信徒都能祈求神的赐福。圣经上说道：「愿颂赞归给我们主耶稣基督的父神。他在基督里曾把天上各样属灵的福气赐给我们」(弗1: 3)。神赐的福是给每一个信徒。神丰富的恩典是有限制。我们所事奉的神是「...有丰盛的慈爱和真实」的神(出34: 6)。

b. 这种超自然或神圣的恩典，使我们能够超越所有的情況和挑战。当你祈祷：「赐福与我」，神就赐福与你并安置你在一个有

影响力的地位，不是让你享受，而是要成为一个祝福。有福的人是过著充满挑战的生活。

## 一些圣经的例子

• 以斯帖是一个犹太女子，她被立为波斯王后，因为神的手在她的身上(斯2: 9)。这祝福不是让她享受。神是有一个目的给她，为要拯救她的同胞(犹太人)脱离仇敌的杀戮。随着祝福，带来了挑战。以斯帖挺身迎接挑战。她宣告说：「我若死就死吧」(斯4: 16)。她没有死，而救了犹太同胞脱离灭族的危机。

• 约瑟是一名年轻人，他必须经过许多难以置信的挑战，因为神为他生命的梦想，目的和计划。最终，神给他带来胜利，通过所有的试炼(创50:20)。神的恩宠临在约瑟身上。在监狱或是在宫殿中，他都是一个有福的人。

• 耶稣的母亲马利亚是蒙福的人。圣经上描述她为「蒙大恩的女子...在众女子中是蒙福的」(路1: 28)。另一个译本说道：「你是最有福的人」。作为耶稣，神的儿子的母亲，马利亚付出极大的代价，心灵和身体受到许多的痛苦！

当神与你同在，你最终是一个胜利者或得胜者，尽管面临的挑战。

c. 在祈求神赐福与他，雅比斯把他应该如何得到赐福这事完全交给给神。他只是求告，「赐福与我...」句点。句号。雅比斯没有告诉他如何需要得到赐福。他完全信任神对他的心意。雅比斯的焦点是，「我只想神要给我的，不多也不少！」信靠神和放心，无论神如何赐福与你，这将是对你最好的。

## 我的见证—神如何赐福与我的生命

我在15岁时接受了基督并得重生，在我信奉道教家里是第一个信主的人。在我年轻的时候，我身体很虚弱，经常生病。我父亲叫我“蚊声”，因为我有一个柔弱的声音！在学校我是胆怯和感到害怕。感谢神，比我大两岁的姐姐，保护我免受同学的欺负。这位我们兄弟姐妹所尊敬的姐姐，她告诉我，在我们家里的九位兄弟姐妹之中我是最幸福的一位(我是排行第六的孩子)。在地位上，按世俗的标准，我不是最富有，也不是最成功，然而我的兄弟姐妹说我是最有福的，因为他们已经看到神的手在我的生命中，自从我年轻时起信靠耶稣并成为牧师。当母亲活着的时候，每一次在面对家庭挑战时，他们都会叫我帮忙。他们认识到，神有办法应对他们的挑战。我没有答案，但他们认识到我的神能帮助他们。

## II. 雅比斯求神扩张他的疆界

雅比斯不是要求更多的房地产。他知道到神有许多福要赐给他。扩张是赐福的另一个词。雅比斯说：「主啊，一切你所赐给我的和

托付我照顾的，求你悦纳它和赐福它(扩张)」。扩张是达到最大或发挥全潜力，有优越表现，倍增和扩充成长和扩展的空间。

求神扩张你的「境界」，你的影响力。所有的信徒可以影响他人。例如属灵的母亲有一个很大的影响力和年轻人也可以是一个影响力。圣经上说道：「不可叫人小看你年轻，总要在言语、行为、爱心、信心、清洁上，都作信徒的榜样」(提前4: 12)。我年轻时在基督里过一个充实的生命，并通过这生命，我能影响他人的生命。在我年老的时候，我也可以发挥影响力，因为有基督的生命在我里面。神能帮助我们充分地发挥我们的影响力，无论他安排我们在哪里，在我们的家里，学校或职场，不论我们是多么年轻还是年长！

求神扩张你的家庭，你的事业和你双手作的劳力。从家庭的角度来看，扩张并不一定意味着更多(数量)，而是意味着丰富和兴盛。关键家庭关系是至关重要的，当你的关系是正确的，并在各方面亨通时，你就可以有更大的影响力。扩大你的视野并看到神所看到的。

## III. 雅比斯求神的手临到他身上

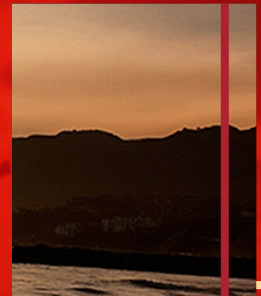
雅比斯凭信心祷告，相信当神赐福与他并扩张他的疆界时，他会领受超出他所期望的祝福。他料想他会被伸展，可能会不堪重负。于是，他祈求神的手临在他身上。神的手是神在他的子民生命中的保护，力量和同在的圣经词语。当神的手临到你的生命中，人们会注意到你是不同的，你是一个见证。圣经上说道：「要使地上万民都知道，耶和華的手大有能力，也要使你们天天敬畏耶和華—你们的神」(书4: 24)。先知以赛亚说道：「看哪，耶和華的膀臂并非过短，不能拯救，耳朵并非发沉，不能听见」(赛59: 1)。当你气馁，失望时，你可能会发现很难亲近他。不管你是离开神有多远或跌倒，他向你伸出的手是永远不会太短，他能拯救你。这是你的罪孽使你与他隔绝。你所要做的，就是要回到他的面前。

## IV. 雅比斯求神保佑他不遭患难

当你过着蒙福的生活和你成为「更大」时，邪恶和邪恶的势力会尝试伤害你。当今世界正变得更邪恶。不要惧怕，也不要被压倒。我们经过试炼，但我们不必经过邪恶。因为我们可以祈求神保守我们脱离邪恶。耶稣为所有的信徒祈祷：「求你保全他们，使他们脱离那恶者」(约17: 15)。他教导他的门徒祷告：「救我们脱离那恶者」(太6: 13)。

无论你遭遇的情况是怎么样，不要接受它，也不要停留在那里。转向神。完全的信靠他。祷告。他为雅比斯做的事，他也能为你做。神垂听和应允祷告。祷告可以改变你的命定。圣经上说道：「义人祈祷所发的力量是大有功效的」(雅5: 16)。

以上经文是采用中文圣经和合本修订版。



Sembilan fasal pertama dalam 1 Tawarikh adalah penuh dengan nama, kerana ia adalah catatan rasmi tentang asal usul keluarga Israel, bermula dengan Adam kepada Israel kembali dari tawanan. Tersirat antara semua ini adalah seorang lelaki bernama Yabes, yang mana kehidupannya dianggap oleh pengarang penting untuk disebutkan. Dua ayat, 1 Tawarikh 4:9-10 menceritakan kepada kita tentangnya.

Alkitab berkata, **“Yabes lebih dimuliakan dari pada saudara-saudaranya; nama Yabes itu diberi ibunya kepadanya sebab katanya: “Aku telah melahirkan dia dengan kesakitan.” Yabes berseru kepada Tuhan Israel, katanya: “Kiranya Engkau memberkati aku berlimpah-limpah dan memperluas daerahku, dan kiranya tangan-Mu menyertai aku, dan melindungi aku dari pada malapetaka, sehingga kesakitan tidak menimpa aku!” Dan Tuhan mengabulkan permintaannya itu”** (1 Tawarikh 4: 9-10).

## PROFIL SEIMBAS MENGENAI YABES

Yabes menyebabkan banyak kesakitan kepada ibunya apabila beliau melahirkannya. Ibunya menganggap ini sebagai tanda anaknya akan membawa kesakitan sepanjang kehidupannya. Jadi, ia menamakannya, Yabes (yang bermakna kesakitan), mungkin sebagai satu amaran kepada mereka yang akan mengenalinya. Pada satu tahap, Yabes sudah letih mendengar panggilan namanya “kesakitan”. Ia tidak mahu stigma kesakitan dan juga tidak mahu menyebabkan kesakitan. Jadi ia memutuskan untuk melakukan sesuatu tentangnya. Ia mempunyai sikap yang baik, tidak menuduh ibunya atau sesiapa pun. Ia berpaling dari kemarahan, rasa kasihan diri-sendiri dan menunjukan doa ringkas dari hatinya kepada Tuhan

## MARI KITA PELAJARI DARI DOA YABES

Doa Yabes adalah ringkas namun mendalam, berkuasa dan sempurna, satu doa yang mengubah hidupnya, daripada seorang yang merupakan

kesakitan kepada seorang yang lebih dihormati. Apa yang bermula sebagai satu “kutukan” bertukar menjadi satu “berkat”.

## APA YANG DIDOAKAN OLEH YABES?

1. Yabes hanya meminta Tuhan untuk memberkatinya.

Ia berdoa, “Berkati aku berlimpah-limpah!” Pada mulanya, nampaknya, itu merupakan satu doa yang berpusat pada diri-sendiri, “Berkati aku!” Tetapi ia merupakan satu tangisan yang terdesak, satu pengakuan bahawa melainkan Tuhan memberkatinya, ia ditakdirkan gagal. Kita perlu mula-mula diberkati sebelum kita boleh menjadi saluran berkat. Apabila kita diberkati Tuhan, kita tidak akan mementingkan diri sendiri kerana kita akui berkatNya, dan seterusnya kita akan menjadi berkat apabila berkat Tuhan dicurahkan dari kehidupan kita. Apakah erti diberkati?

a. Diberkati dalam Alkitab bererti meminta Tuhan untuk mencurahkan berkat luarbiasa.

Apabila kamu berkata, “Tuhan berkati kamu”, ianya adalah satu pencurahan yang baik kepada orang lain. Tetapi kamu juga boleh meminta Tuhan untuk memberkati kamu juga. Ia boleh dilakukan bagi kamu jauh melebihi daripada sesiapa pun! Alkitab berkata, **“Berkat Tuhanlah yang menjadikan kaya, susah payah tidak akan menambahinya”** (Amsal 10:22). Setiap umat Kristian boleh berdoa untuk berkat Tuhan. Alkitab berkata, **“Terpuji Tuhan dan Bapa Tuhan kita Yesus Kristus yang dalam Kristus telah mengaruniakan kepada kita segala berkat rohani di dalam sorga”** (Efesus 1:3). Berkat Tuhan adalah untuk semua orang percaya. Tidak ada batasnya kasih karuniaNya yang berkelimpahan. Kita melayani Tuhan yang **“...berlimpah kasihNya dan setiaNya”** (Keluaran 34:6).

b. Berkat luarbiasa dari Tuhan ini membolehkan kita bangkit atas

setiap situasi dan cabaran. Apabila kamu berdoa, “Berkati aku”, Tuhan memberkati kamu dan meletakkan kamu dalam satu posisi berpengaruh, bukannya untuk kamu nikmati tetapi untuk kamu menjadi satu berkat. Orang yang diberkati hidup dengan kehidupan yang mencabar.

Beberapa contoh Alkitabiah

- Ester, seorang wanita Yahudi dijadikan Permaisuri Persia kerana tangan Tuhan menyertainya (Ester 2:9). Berkat itu bukannya untuk dinikmati oleh dirinya. Tuhan ada rencana baginya, untuk membebaskan baninya (umat Yahudi) dari dibinasakan. Dengan berkat itu, datanglah cabaran. Ester bangkit menghadapi cabaran itu. Dia mengistiharkan, **“kalau terpaksa aku mati, biarlah aku mati”** (Ester 4:16). Ia tidak mati, dan menyelamatkan baninya daripada kemusnahan.
- Yusuf merupakan seorang anak muda yang terpaksa mengharungi banyak cabaran yang begitu besar sekali, oleh kerana impian, rencana dan tujuan Tuhan dalam hidupnya. Pada akhirnya, Tuhan membawa ia melalui semua cabaran itu dengan kemenangan (Kejadian 50:20). Berkat Tuhan ada pada Yusuf. Ia diberkati sama ada di penjara maupun di istana.
- Maria, ibu Yesus diberkati. Alkitab menggambarkannya sebagai **“Yang dikaruniai”** (Lukas 1:28). **Satu terjemahan lain ialah, “Engkau sungguh diberkati”**. Maria membayar harga yang tinggi dan menanggung banyak kesakitan, secara emosi dan fizikal untuk menjadi ibu kepada anak Tuhan, Yesus!

Apabila Tuhan menyertai kamu, kamu akan berkemenangan walaupun ada cabaran.

- c. Dalam meminta Tuhan untuk memberkatinya, Yabes membiarkan Tuhan untuk memutuskan bagaimana untuk memberkatinya.

# KESAKITAN SEORANG IBU DOA SEORANG ANAK

Oleh Pendita Kanan Petrina Guneratnam

Dia hanya berdoa, “Berkati aku ...” Itu saja. Yabes tidak beritahu Tuhan bagaimana ia perlu diberkati. Ia percayakan kehendak Tuhan dengan sepenuhnya. Tumpuan Yabes ialah, “Saya hanya mahukan apa yang Tuhan mahukan untuk saya, tidak kurang, tidak lebih!”. Percayalah kepada Tuhan dan biarlah kamu dijamin bahawa bagaimana Tuhan memberkati kamu, itulah yang terbaik.

## Kesaksian Saya – Bagaimana Tuhan Memberkati Hidup Saya

*Saya menerima Kristus dan lahir baru pada umur 15 tahun, orang pertama dalam keluarga yang beragama Tao. Apabila saya masih muda, saya merupakan seorang yang lemah secara fizikal dan selalu jatuh sakit. Bapa saya memanggil saya “suara nyamuk” kerana saya mempunyai suara yang begitu halus! Saya merupakan seorang yang penakut dalam sekolah. Syukur pada Tuhan kakak saya yang berumur dua tahun lebih tua daripada saya melindungi saya dari pembuli-pembuli di sekolah. Kakak ini yang dipandang tinggi oleh semua orang memberitahu saya bahawa sayalah yang paling diberkati antara sembilan adik beradik (saya anak keenam) dalam keluarga kami. Saya bukanlah yang terkaya ataupun yang paling sukses dalam kedudukan menurut standard duniawi, dan namun begitu adik beradik saya mengatakan saya yang paling diberkati kerana mereka telah melihat tangan Tuhan atas kehidupan saya, semenjak saya memberikan hidup saya kepada Yesus sejak kecil dan menjadi seorang pendita. Setiap kali ada cabaran dalam keluarga, apabila ibu saya masih hidup, mereka akan menghubungi saya. Mereka akui Tuhan ada jawapan kepada masalah mereka. Saya tidak ada jawapannya, tetapi mereka akui Tuhan saya boleh membantu mereka.*

2. Yabes meminta Tuhan untuk memperluaskan daerahnya

Yabes bukannya meminta ladang tanah yang luas. Ia mengakui ada banyak lagi untuknya. Memperluaskan adalah kata lain untuk berkat. Yabes

mengatakan, “Tuhan, segala yang engkau berikan padaku dan dibawah jagaanku, ambillah dan berkatilahnya (perluaskan)”. Perluaskan adalah untuk mencapai maksima atau potensi penuh, untuk berjaya, untuk berlipat ganda dan mempunyai ruang untuk pertumbuhan dan perluasan. Minta Tuhan untuk memperluaskan “wilayah” kamu, pengaruh kamu. Semua umat Kristian boleh mempengaruhi orang lain. Sebagai contoh, ibu rohani adalah pengaruh besar dan orang muda juga boleh menjadi orang yang berpengaruh. Alkitab mengatakan, **“Jangan seorangpun mengangap engkau rendah karena engkau muda. Jadilah teladan bagi orang-orang percaya, dalam perkataanmu, dalam tingkah lakumu, dalam kasihmu, dalam kesetiaanmu dan dalam kesucianmu”** (1 Timotius 4:12). Apabila saya masih muda, saya hidup penuh dalam Kristus dan melalui hidup itu, saya boleh mengimpak hidup orang lain. Dalam umur saya yang lebih tua ini juga, saya boleh membawa kesan kepada orang lain oleh kerana kehidupan Kristus dalam diri saya. Tuhan boleh membantu kita memaksimumkan pengaruh, dimana Ia menempatkan kita, dirumah, sekolah atau tempat kerja, tidak kira kita muda atau tua!

Minta Tuhan untuk memperluaskan keluarga kamu, perniagaan kamu dan usaha tangan kamu. Dalam keluarga, perluas tidak semestinya bermakna pengandaan dalam kuantiti tetapi boleh bermakna diperkayakan dan diberkati. Kunci perhubungan keluarga adalah penting dan apabila perhubungan kamu betul dan diberkati, kamu boleh menjadi lebih berpengaruh. Perluaskan visi kamu dan lihat dari sudut Tuhan.

3. Yabes meminta tangan Tuhan untuk menyertainya

Yabes berdoa dengan iman, percaya bahawa ia akan diberkati menjangkau apa yang diharapkan apabila Tuhan memberkatinya dan memperluaskan wilayahnya. Ia menjangkakan bahawa ia akan di perluaskan dan mungkin akan ditenggelami. Maka itu, ia berdoa untuk tangan Tuhan atasnya. Tangan Tuhan adalah satu jenis ayat

Alkitabiah untuk perlindungan, kuasa dan hadirat Tuhan dalam kehidupan umatNya. Apabila tangan Tuhan menyertai kamu, orang akan sedar bahwa kamu berbeza, kamu adalah satu saksi. Alkitab berkata, **“supaya semua bangsa di bumi tahu, bahwa kuat tangan TUHAN, dan supaya mereka selalu takut kepada TUHAN, Tuhanmu”** (Yosua 4:24). Nabi Yesaya berkata, **“Sesungguhnya, tangan TUHAN tidak kurang panjang untuk menyelamatkan, dan pendengarannya tidak kurang tajam untuk mendengar”** (Yesaya 59:1). Apabila kamu berasa kecewa, kamu akan dapati sukar untuk menjangkauNya. Tidak kira sama ada kamu jauh dari Tuhan atau sudah jatuh, tanganNya tidak terlalu pendek untuk menjangkau kamu. Dosa kamulah yang memisahkan kamu dariNya. Apa yang kamu boleh lakukan ialah untuk kembali kepadaNya.

4. Yabes meminta Tuhan untuk melindunginya daripada malapetaka

Apabila kamu hidup diberkati dan semakin “besarnya” kamu, kejahatan akan cuba menyakiti kamu. Dunia sekarang menjadi semakin jahat. Jangan takut dan ditenggelami. Kita melalui percobaan tetapi tidak perlu melalui kejahatan kerana kita boleh berdoa agar dilindungi dari kejahatan. Yesus berdoa untuk semua umatNya, **“Engkau melindungi mereka dari pada yang jahat”** (Yohanes 17:15). Ia mengajar pengikutNya untuk berdoa, **“Lepaskanlah kami dari pada yang jahat”** (Matius 6:13).

Apapun situasi kamu, janganlah terimanya atau menetap dalamnya. Berpaling kepada Tuhan. Percayalah kepadaNya dengan sepenuhnya. Berdoa. Apa yang Ia lakukan untuk Yabes, Ia boleh lakukannya untuk kamu. Tuhan mendengar dan menjawab doa kamu. Doa dapat mengubah masa depan kamu. Alkitab berkata, **“Doa orang yang benar, bila dengan yakin didoakan, sangat besar kuasanya”** (Yakobus 5:16).

*Semua petikan Alkitab adalah dari versi Indonesia Terjemahan Baru melainkan dinyatakan.*



# Royal Rangers Graduation

Rangers graduating from one age group to the next



Rangers salute



Rangers at the Graduation



Rangers receiving their awards



Pastor Tabitha Ong sharing devotion



Receiving a award from Council Chairman Jim Guneratham



Graduating to the next outpost

# Ranger Kids Night Out



The highlight was the visit to the Bukit Jalil Fire and Rescue Station. Once they arrived, they were greeted with friendly smiles and warm welcomes from the resident firemen as well as the awe-inspiring sight of the red firetrucks. The Rangers were taken on a tour of the fire station by the firemen. They showed the Rangers the intricacies of their operations, and explained to them every use and purpose of the gear that they carry with them.

Concluding their tour, the firemen also taught the Rangers the importance of fire safety and key things to watch out for when dealing with potential fire hazards. After appreciating the firemen for their time and taking a group photo with them, the Rangers headed back to CCC.

It was a truly memorable two days for both the Rangers and the Commanders alike. The Rangers were given an opportunity to bond in fellowship, to experience being away from home, to learn how to pray together and even got to take a peek at the inner workings of a Fire and Rescue Department. We give thanks to God for protecting all the participants and for giving us a fruitful and enjoyable Night Out.



I want to be a fireman



Ranger Kids visiting a Fire Station



Ranger Kids sleeping at CCC



Bathing for the day

*"In the last 10 years Missionettes has helped me develop good godly values and gave me the confidence to let my inner beauty shine. I will always remember the many practical lessons that I have learnt and all the fun activities that I participated such as cooking, outings, community service and many more. Missionettes has truly taught me to face the varying challenges at difference stages of my growth.*



*I appreciate the friendships I have made in Missionettes very much. It is a place where we can be ourselves and be accepted as who we are. We can confide and inspire each other. It is a bond of unity..." - Mok Zhuang Lin, Missionettes 'Girls Only' Graduate and Bronze Medal Achiever Recipient*



Interview with Mok Zhuang Lin

# SHINE – 35<sup>TH</sup> MISSIONETTES AWARDS CELEBRATION



Charge by Katherine Lee, the Missionettes Coordinator



Associate Pastor Richard Yun sharing devotion



Shadow dance presentation

On 3 April 2016, the Missionettes recognised and celebrated 7 Honour Awards recipients, 12 Honour Graduates and various other girls aged 3-18 and boys aged 3-5 years old for their achievements in the Missionettes ministry.

Part of the celebration included a shadow dance, Scripture choral speaking and a finale entitled "Let Your Light Shine". Associate Pastor Richard Yun's well-illustrated exhortation encouraged us to be connected to Jesus our power source to SHINE!



Choral speaking presentation



The finale "Let Your Light Shine"



Honour Girls with their parents

# SERVICE SCHEDULE MAY 2016

Calvary Damansara Heights  
Saturday at 5.00pm

Calvary Convention Centre  
Sunday at 9.00am

07 Senior Associate  
Pastor Petrina Guneratnam

01 Communion  
Senior Pastor Prince Guneratnam

14 Associate Pastor Peter Ong

08 Mother's Day  
Senior Associate Pastor Petrina Guneratnam

21 Associate Pastor Yong Chee Weng

15 Associate Pastor Richard Yun

28 Pastor Joel Costa  
(Senior Pastor & President of  
The Bethlehem Ministries, USA)

22 Associate Pastor Yong Chee Weng

29 Pastor Joel Costa  
(Senior Pastor & President of  
The Bethlehem Ministries, USA)

## THIS MONTH'S HIGHLIGHTS



30 May - 2 June 2016  
Grand Beach Resort, Port Dickson

**Chinese Fellowship**  
is combined with Church Family Camp

### BM Fellowship

Date : Sunday, 28 May 2016  
Time : 11.30am  
Venue : Room b1.03, Level B1, CCC  
Speaker : Felisa Foo

## Dimensions Extended



### Mother's Day Family Luncheon

Date : Saturday, 7 May 2016  
Time : 11.00am  
Venue : Multipurpose & Banquet Hall, CCC

Sumptuous food, fun and family-oriented fashion parade organized by Hidden Treasure, and powerful testimonies of salvation, healing and success from prominent people in the fashion industry. Open to all!

## NEXT MONTH'S HIGHLIGHTS



Date : Saturday, 4 June 2016  
Time : 7.00am - 4.00pm  
Venue : Calvary Convention Centre



Date : Saturday, 11 June 2016  
Time : 5.00pm  
Venue : Calvary Damansara Heights



## CALVARY CHURCH (Assemblies of God)

CHRIST-CENTRED • EVANGELICAL • MISSIONARY  
2 Jalan Damansara Endah, Damansara Heights, 50490 Kuala Lumpur, Malaysia

CALVARY CONVENTION CENTRE  
1, Jalan Jalil Perkasa 1, Bukit Jalil, 57100 Kuala Lumpur, Malaysia  
Tel: 03 8999 5532 Website: <http://www.calvary.org.my> Email: [email@calvary.org.my](mailto:email@calvary.org.my)

Senior Pastor Rev. Tan Sri Datuk Dr. Prince Guneratnam